



Ski/Snowboard Touring in Antarctica

Our ski/snowboard touring activity will set the adventurers apart from the pack as they clip in and take off to explore Antarctica & South Georgia's untouched terrain. Offered to experienced skiers and snowboarders, preferably with off-piste experience, we give you the chance to enjoy day-trips alongside experienced and qualified mountain guides to climb and ski/snowboard some of Antarctica's finest slopes.

Ski South Georgia

Those interested in a multi-day adventure can opt to attempt Shackleton's crossing of South Georgia on skis. From alpine bowls and crevassed glaciers, to long open slopes, join us to summit and ski a range of landscapes, venturing to wild and remote where few have ever been before.

Required Experience

Our ski/snowboard touring program requires a reasonable level of fitness and previous skiing/snowboarding experience. The snow conditions will be varied and the terrain can be challenging at times. While you don't need to be a backcountry athlete to participate, and there are opportunities to develop skills during the expedition, please note the minimum ability requirements below:

- Advanced level of skiing or snowboarding ability (ability to ski blue or black resort runs is required)
- Off-piste experience in a variety of snow conditions
- Previous ski/snowboard touring experience is an advantage, but not essential (depending on your off-piste experience and overall ability)

How to Book

If you would like to participate in our Ski/Snowboard Touring activity, please return a completed activity form. Our guide will review your form for suitability and experience before approving your place.

Ski/Snowboard Touring in Antarctica

Our guides can teach you the required ski/snowboard touring skills from day one, as well as important mountaineering skills including ice axe and crampon use, roped glacier travel, constructing snow and ice anchors, assessing and moving in avalanche terrain, personal avalanche equipment and rescue, constructing emergency shelters, navigation and interpreting weather.

Please note: Aurora Expeditions and our guides reserve the right to suspend a participant from joining the activity if, in the guide's opinion, they have insufficient experience or fitness, or are inadequately equipped or prepared.

Ski Touring Outings

While we aim to get out as often as possible, the number of outings will be dependent on weather and other factors. The average number of outings is usually two per day when shore landings are offered – depending on your itinerary. Every voyage is different but some of our typical landings spots have been:

- Tour up and ski off Mt Tennant, Ronge Island – 700m/ 2,296 feet descent
- Mt Hoegh down to Andvord Bay – 800m/2,625 feet descent
- Mt Pond to Whalers Bay – 540m/ 1,772 feet descent
- Port Lockroy from Doumer Peak – 550m/ 1,805 feet descent

Shackleton's South Georgia Crossing

On selected South Georgia and Antarctic Odyssey voyages, you have the opportunity to tackle the challenging crossing, and a chance to follow in the hallowed footsteps of Shackleton. Available to experienced skiers, we attempt to ski from King Haakon Bay to Stromness over three days, delving deep into some of the world's most rugged terrain. This activity is highly weather and condition dependent. If you wish to discuss your suitability for this activity, please contact our team on +61 2 9252 1033 or email your Reservations Consultant.

Fitness Requirements

When shore landings are offered, you can expect to tour from two to six hours each day, some of which will include an ascent of a small peak or two. Participants must be fit and prepared for this activity. Ideally, you will have trained with outdoor carry packs. However, uphill walks or riding bikes is also ideal for back country training.

You will enjoy your ski/snowboard touring much more if you have prepared adequately. If you have any queries regarding your suitability or fitness please don't hesitate to contact us. One of our mountain guides will be able to assess your ability and offer advice on training and preparation.

Our Guides

Our highly-qualified guides have many years of climbing and ski touring experience in Antarctica and South Georgia and have an extensive knowledge of the areas we plan to ski. They aim to provide a personalised and unique experience for every participant whilst managing safety to the highest standards.

Group Size

Our guide to participant ratio is 2 guides for 4 to 10 skiers/snowboarders. There are 10 ski/snowboard places available in Antarctica. We take up to 8 skiers on Shackleton's Crossing in South Georgia.



For more information please contact your travel agent, or Aurora Expeditions on:

Australia and New Zealand

Freecall: 1800 637 688
+61 2 9252 1033
email info@auroraexpeditions.com.au
or visit auroraexpeditions.com.au

United Kingdom and Europe

Freecall: 0 808 189 2005
email info@auroraexpeditions.co.uk
or visit auroraexpeditions.co.uk

United States and Canada

Freecall: 1 800 826 8150
email info@aurora-expeditions.com
or visit aurora-expeditions.com

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Travel Insurance

Travel insurance, including emergency evacuation coverage, is mandatory on all Aurora Expeditions voyages. You will need to ensure that your insurance policy covers you for your activity and related equipment. An additional policy or premium may be required to ensure you have adequate coverage. Please contact Aurora Expeditions if you need assistance with your insurance policy.

Activity Surcharge

The ski/snowboard touring activity is available for an additional surcharge and includes two guides, permits, outings and some equipment.

Age Requirement

Participants should be 14 years of age or over.

Wind, Ice and Weather

You can expect to experience a variety of weather on the Antarctic Peninsula, from blue skies and sunshine through to snow, rain and clouds. The weather in South Georgia can change extremely quickly - from clear sunny conditions to rain and even gale force winds. While the landing points we visit are usually sheltered, wind and ice buildup at higher altitudes may disrupt, change or cancel planned outings.

Equipment Requirements

Good quality equipment is essential and Aurora Expeditions will supply you with a comprehensive checklist for what you need and what we can provide. Aurora Expeditions has limited supply of equipment that you can hire on board. However, we require you to bring your own gear where possible, including the following:

- Ski Crampons
- Ice axe and crampons
- Prussiks – Leg (belly button to nose) and waist (belly button to ground)
- Hydration system and a bottle to carry a minimum of two litres
- Backpack – 45L
- Waterproof pack liner

Aurora Expeditions will supply all ropes, snow stakes, ice screws and survival equipment.

Please note: Our guides will inspect all personal equipment prior to the first outing to ensure it is up to standard. If any of your personal items are deemed unsafe or unsatisfactory our guides reserve the right to refuse the use of your equipment.

Personal Gear Requirements

Temperatures on the Antarctic Peninsula and South Georgia range between -5°C/23°F - 8°C/46.4°F and you should bring good quality gear in preparation for this.

Recommended packing list:

- Waterproof jacket – Aurora Expeditions provides a complimentary, custom-made jacket for all expeditioners to keep
- Waterproof pants – designed for alpine environments, made from quality, breathable material. Light weight nylon gear and some ski clothing is not suitable
- Polar fleece pants to wear under waterproof pants
- Warm, good quality trekking socks and sheep wool inner soles x 2 to 3 pairs
- Medium to heavy weight polar fleece jacket
- Medium to thick thermal underwear
- Gloves – waterproof shell with removable inners x 2 pairs
- Ski goggles
- Neck gaiter/buff or neck sock
- Woolen beanie and lightweight balaclava or polar fleece hat
- Silk or cotton scarf to protect your face from the sun
- 30+ sunscreen and lip balm

- Touring skis – for those who do not have these, we can supply on request
- Touring boots – in some cases your regular ski boots will fit our touring bindings. However, please contact us to speak with our guides prior to departure to ensure your boots are compatible with our bindings.
- Helmet
- Telescopic touring poles
- Climbing harness – regular sit style climbing harness
- Carabiners – two or three screw gate or twist locks/ three snaplinks
- Ski straps x 2



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Please complete this activity booking form and return with your expedition booking form. Our guide will review your application prior to confirming your place ski/snowboarding place.

To plan our expedition properly we require an indication of your skiing experience. Refer to the page 2 for detailed information regarding experience requirements. It is important to have an adventurous attitude and to have done some sort of previous touring. Even if your experience is limited, and you're interested in participating in this activity, feel free to contact us to discuss your suitability. We may be able to recommend a reputable guiding operation in your area for some tuition prior to your trip.

Passenger details

Expedition Name:

Expedition Date:

Surname:

Given Names:

Date of Birth:

Gender identity:

Nationality:

Country:

City:

State:

Email address:

Phone Number:

Ski/Snowboard Touring Experience

Please detail your ski/snowboarding touring and/or mountaineering experience. If you have other skills or experience that is relevant please let us know.

Please detail your skiing or ability with specifics on competently descending black runs and off piste skiing experience.



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Please complete the Ski Touring Activity Form and return with your expedition booking form. This application will be reviewed by one of our Ski Touring Guides prior to confirming your place.

Do you have ski touring and/or mountaineering qualifications or been on a similar expedition? If yes please explain in detail.

Equipment

Please tick the equipment which you intend to bring with you.

Please note: We carry a limited amount of equipment aboard the ship so please bring your own or hire if possible.

Ice axe	YES	NO	Ski/snow board crampons	YES	NO
Crampons	YES	NO	Touring skis/snowboard	YES	NO
Carabiners	YES	NO	Poles	YES	NO
Ski skins	YES	NO	Harness	YES	NO

Where possible we will supply all the equipment but may ask you to bring specific items that we cannot provide. We have a limited supply of equipment on the ship. We ask you to bring your own equipment but we can provide items on request. You will need to bring your own touring gear including climbing skins and binding crampons. Ski touring gear is available to rent but stocks are limited. There is a ski hire surcharge of USD \$250. Helmets - are not mandatory - bring your own helmet if you use one.

I have read and understood the equipment section (please tick)

Assumption of risk, release from liability and waiver of claims

I acknowledge that I am undertaking a guided trip and/or course and alpine tour ("the organised activity") with Aurora Expeditions Limited ("AEX") and that in order to do this I will need to involve myself in special travel, risks of all various kinds, different living conditions and different altitudes and weather patterns.

I understand that the organised activity carries a certain element of risk and I willingly accept those risks. I agree that, although AEX may take precautions to reduce the risks and increase the safety of the organised activity, it is not possible for AEX to make the organised activity completely safe or free from risk. These risks include, but are not limited to, avalanches, rock or ice fall, falling, crevasse hazards, weather and other environmental hazards, and hazards caused by participants.

I waive any and all claims that I have or may in the future have against AEX their shareholders, directors, employees, agents, assistant guides, instructors, independent contractors, subcontractors and any representatives of AEX and shall hold same free from all liabilities, losses, costs, expenses and damages of every kind and nature whatsoever arising out of my involvement in the organised activity due to any cause whatsoever.

In entering into this agreement I am not relying on any oral, visual or written representations or statement made by AEX with respect to the safety of the organised trip other than as set out in this agreement. The terms of this release shall serve as a release and acceptance of risk by myself and bind all members of my family and estate.

I have read, understood and accept the above conditions (please tick)

Print Name:

Signature:

Date: