This is a detailed list of reference books about Antarctica. You are not expected to read all, or indeed any of them. Some may be difficult to find, but you could ask your local library or local book shop to help and most are available on Amazon as well as in our onboard ship’s library.

**Biographies**

*Scott of the Antarctic* – David Crane
This is the definitive biography of Captain Scott – the pivotal figure in pre-First World War Antarctic exploration. Crane’s beautifully written and illustrated book re-examines the courage.

*Captain Scott* – Ranulph Fiennes
Sir Ranulph Fiennes is uniquely qualified to write a new biography of Captain Scott. This is the first biography of Scott by someone who has experienced the deprivations.

*Mawson* – Philip Ayres
In the heroic age of polar exploration, Sir Douglas Mawson stands in first rank. In this biography Mawson’s many achievements are illuminated, which enabled us to understand the human side.

*Unsung Hero* - Michael Smith
Kerry-born Tom Crean ran away from home as a youth, and joined Scott’s Discovery voyage in Dec 1901, not returning to England until 1904. He went back to the Antarctic with Scott on his fateful attempt on the South Pole.

**History and Exploration**

*Shackleton* – Kim Heacox
Photographs depicting the Antarctic landscape, accompanied by harrowing diary accounts from the crew, enliven this vivid retelling of Antarctic explorer Ernest Shackleton’s gruelling two-year voyage.

*South* – Ernest Shackleton
Sir Ernest Shackleton’s astonishing memoir of his 1914 Antarctic expedition explores human courage, tenacity and unflagging hope in the face of adversity. *South* remains one of the greatest.

*Endurance* – Caroline Alexander
In August 1914, Sir Ernest Shackleton and a crew of 27 set sail aboard the *Endurance* bound for the South Atlantic. Their goal was to be the first men to cross Antarctica.

*Worst Journey in the World* – Apsley Cherry-Garrard
One of the youngest members of Scott’s team, Apsley Cherry-Garrard was later part of the rescue party that eventually found the frozen bodies of Scott and three men who had accompanied him.

*Scott’s Last Expedition* – Robert Falcon Scott
Captain Robert Falcon Scott (1868-1912) led two expeditions to the Antarctic, the first in the Discovery (1900-04) and the second (1910-12) in the Terra Nova. These journals were written on these trips.

*Antarctica, Both Heaven and Hell* – Reinhold Messner & Jill Neate
Account of the author’s 92 day, 1600 mile journey across Antarctica on foot.

*Antarctic Eyewitness: South with Mawson / Shackleton’s Argonauts* – Charles F. Laseron
This volume offers accounts of two of the 19th century expeditions that took place in the so-called heroic era of Antarctic exploration.

*History of Antarctica* – Stephen Martin
Published in 1996 by the State Library of New South Wales Press Macquarie Street, Sydney NSW 2000, Australia

*Home of the Blizzard* – Sir Douglas Mawson
First published in 1930, this very readable volume provides a detailed account of the Australasian Antarctic Expedition’s endeavours.
PRE-DEPARTURE INFORMATION

Shackleton’s Boat Journey – F. A. Worsley
F.A. Worsley was the Captain of HMS Endurance, the ship used by Sir Ernest Shackleton in his 1914-16 expeditions to the Antarctic – This is his account of what happened.

Nimrod – Beau Riffenburgh
On New Year’s Day 1908, this ship Nimrod set off for the mysterious regions of the Antarctic. The leader of the small expedition was Ernest Shackleton.

Field and Wildlife Guides

Antarctica, A Guide to the Wildlife – Tony Soper & Dafila Scott
It includes concise essays on each species, range maps and masterful colour drawings by Dafila.

Birds of Southern South America & Antarctica, Princeton Illustrated Checklists – Martin d. la Pena & Mourice Rumboll Antarctica, including Patagonia, Chile, Argentina, Uruguay and more.

Lonely Planet Antarctica – Jeff Rubin
Good guidebook with information on planning for a trip and a concise background of Antarctic history.

Lonely Planet The Falkland & South Georgia Island – Tony Wheeler
This travel guide to the Falklands and South Georgia Island offers practical advice on getting there, special Antarctic wildlife coverage and extensive information on mountains, harbours and bays.

Complete Guide to Antarctic Wildlife – Hadoram Shirihai
Covering the Antarctic continent, the Southern Ocean and the subantarctic islands, this guide illustrates all of the region’s breeding birds and marine mammals with colour photographs.

Antarctic Birds and Seals – A pocket guide – Sharon R. Chester

Birds & Mammals of the Antarctic, Sub Antarctic & Falkland Islands – Frank Todd
A gorgeously illustrated, compact field guide, featuring excellent colour photographs of all the hard to identify seabirds and marine mammals of the Southern Ocean.

Guide to the Wildlife of the Falkland Islands and South Georgia – Ian Strange
This field guide illustrates and describes all the birds and marine mammals of the islands as well as many of the plants, invertebrates and fish.

Penguins of the World – Pauline Reilly
Covers the world’s seventeen different penguin species – biology, distribution, navigation, locomotion, diet, vision, breeding etc.

A very comprehensive guidebook with excellent paintings of all species. Peter has voyaged to Antarctica many times and knows his Antarctic birds well.

DK Handbook: Whales, Dolphins and Porpoises – Dorling Kindersley
This handbook offers an updated guide to whales, dolphins and porpoises. The easy to use format is designed to make identification of the animals as simple and accurate as possible.

A Visitors Guide to South Georgia – Sally Poncet and Kim Crosbie
This unique book provides essential information on the history, vegetation and wildlife of 24 of South Georgia’s most popular visitor sites. The authors have drawn on experts in many fields to pull together facts about South Georgia’s discovery, past and present, as well as information on its rich wildlife. Each of the sites described has a detailed map showing key locations for wildlife, vegetation, historic artefacts and topographical features of interest, as well as hiking routes.
Antarctica

RECOMMENDED READING

Natural History
Silence Calling – Tim Bowden
This illustrated history traces the story of the Australian National Antarctic Research Expeditions ANARE from the first settlement on Heard Island in 1947 to 1999.

Antarctica: Beyond the Southern Ocean – Colin Monteath
Antarctica and the subantarctic islands in full colour.

Antarctica, An Encyclopaedia from Abbott Ice Shelf to Zooplankton – Mary Trewby
What fun. A team of contributing editors, all associated with the New Zealand Antarctic program.

Encyclopaedia of Antarctica and the Southern Oceans – Bernard Stonehouse
A roundup of the continent and surrounding ocean by the academic publisher Wiley.

The Crystal Desert – David Campbell
Antarctica, the land and its history and especially its marine life. Written with authority and love.

Travel Narrative
End of the Earth, Voyaging to Antarctica – Peter Matthiessen
A narrative on Antarctica, its abundant wildlife and the impact of global warming.

Terra Incognita, Travels in Antarctica – Sara Wheeler
A privileged anomaly on this continent of science.

Edge of the World: Ross Island, Antarctica – Charles Neider
A memorable account of adventures among the Americans at Ross Island and the South Pole.

Where the Earth Ends, A Journey Beyond Patagonia – John Harrison
Often mixing it up with Chatwin’s ghost, Harrison interweaves history, anecdote, personality and discovery.

The Unforgiving Minute – Tim Jarvis
One incredible journey to the edge of the world and to the centre of his soul. How do you lose 20kg in just 47 days? Strap on a 250kg sled and haul it 1600km across Antarctica.

Ice Bird – David Lewis
This classic book, first published in 1975, recounts one of the greatest small boat journeys of all time: David Lewis’s solo attempt to circumnavigate Antarctica in 1972-74 on his yacht Ice Bird.

Berserk in the Antarctic – David Mercy
Three men in a boat – as never seen before…’This is suicide!’ Manuel screamed frantically. So begins David Mercy’s amazing true story of his journey to Antarctica in a 27-foot sailing boat.

Mountains of Madness, A Scientist’s Odyssey in Antarctica – John Long & Tim Bowden
As might be guessed from the lurid title taken from H.P. Lovecraft’s gothic.

Science and Geography
The Two-Mile Time Machine: Ice Cores, Abrupt Climate Change, and Our Future – Richard Alley
An overview of how climate works, and his prognosis for the future.

A History of Antarctic Science – G.E. Fogg
Covering the early period, national expeditions, the politics of science, and current research.

Glaciers – Jurg Alean
Glaciers are among the most beautiful natural wonders on Earth, but for most of us the least known and understood. This book describes how glaciers grow and decay, how they move etc.

Meteorites, Ice, and Antarctica: A Personal Account – William A. Cassidy
A warmly told, anecdotal account of Antarctic fieldwork and the importance of meteorites.

Science into Policy, Global Lessons from Antarctica – Paul Arthur Berkman
Belonging to no single nation, this book aims to explain the complex policy issues in Antarctica.
RECOMMENDED READING

Other Suggested Information Resources

Travel and Wildlife apps
If you have a smart phone or tablet device, you can download some great free and paid apps to help you with your holiday planning around South America. Search for them in the App Store for iPhones and iPads or in Google Play for Android devices.

Antarctica & South Georgia
- Oceanites by Genwi LLC
- The Island of South Georgia by University of Dundee
- Antarctic Wildlife Guide ($10.49) by Oren Meiri Reference.

Argentina
- Argentina Guía de Viaje - Argentina Travel Guide by Inprotur

Chile
- Chile Travel by servicio Nacional de Turismo Chile
- VIVA Travel Guides By Authormob
- All ways OK – Punta Arenas.

Websites and Online Resources
Some additional web sources you might like to browse:

www.longitudebooks.com
This bookseller specialises in travel, but polar travel in particular. They have a huge catalogue of Antarctic books and maps, with short descriptions to pique your interest.

http://www.antarctica.gov.au
The homepage for the Australian Antarctic division has a wealth of information on Antarctic news, what it’s like to live at a station and current news of research projects.

www.laato.org
The International Association of Antarctic Tour Operators offers guidelines and other resources covering many aspects of Antarctica. Obviously they focus on tourism, but there are many other topics on the site.

www.asoc.org
The Antarctic and Southern Coalition is a conservation organization focusing on the southern hemisphere. The website includes lots of information on policy and conservation. It’s a good site to review if you want to get involved.

www.usap.gov
The home site of the US Antarctic program is worth scanning through if you are interested in the science being conducted by the US in Antarctica. They are the largest contributor of science with wide-ranging programs.

https://www.bas.ac.uk
The home site for the UK Antarctic program also has considerable information about living and working in Antarctica and many pages on science and conservation projects.