

Antarctica

RECOMMENDED READING

This is a detailed list of reference books about Antarctica. You are not expected to read all, or indeed any of them. Some may be difficult to find, but you could ask your local library or local book shop to help and most are available on Amazon as well as in our onboard ship's library.

Biographies

Scott of the Antarctic – David Crane

This is the definitive biography of Captain Scott – the pivotal figure in pre-First World War Antarctic exploration. Crane's beautifully written and illustrated book re-examines the courage.

Captain Scott – Ranulph Fiennes

Sir Ranulph Fiennes is uniquely qualified to write a new biography of Captain Scott. This is the first biography of Scott by someone who has experienced the deprivations.

Mawson – Philip Ayres

In the heroic age of polar exploration, Sir Douglas Mawson stands in first rank. In this biography Mawson's many achievements are illuminated, which enabled us to understand the human side.

Unsung Hero - Michael Smith

Kerry-born Tom Crean ran away from home as a youth, and joined Scott's Discovery voyage in Dec 1901, not returning to England until 1904. He went back to the Antarctic with Scott on his fateful attempt on the South Pole.

History and Exploration

Shackleton – Kim Heacox

Photographs depicting the Antarctic landscape, accompanied by harrowing diary accounts from the crew, enliven this vivid retelling of Antarctic explorer Ernest Shackleton's gruelling two-year voyage.

South – Ernest Shackleton

Sir Ernest Shackleton's astonishing memoir of his 1914 Antarctic expedition explores human courage, tenacity and unflagging hope in the face of adversity. South remains one of the greatest.

Endurance – Caroline Alexander

In August 1914, Sir Ernest Shackleton and a crew of 27 set sail aboard the *Endurance* bound for the South Atlantic. Their goal was to be the first men to cross Antarctica.

Worst Journey in the World – Apsley Cherry-Garrard

One of the youngest members of Scott's team, Apsley Cherry-Garrard was later part of the rescue party that eventually found the frozen bodies of Scott and three men who had accompanied him.

Scott's Last Expedition – Robert Falcon Scott

Captain Robert Falcon Scott (1868-1912) led two expeditions to the Antarctic, the first in the *Discovery* (1900-04) and the second (1910-12) in the *Terra Nova*. These journals were written on these trips.

Antarctica, Both Heaven and Hell – Reinhold Messner & Jill Neate

Account of the author's 92 day, 1600 mile journey across Antarctica on foot.

Antarctic Eyewitness: South with Mawson / Shackleton's Argonauts – Charles F. Laseron

This volume offers accounts of two of the 19th century expeditions that took place in the so-called heroic era of Antarctic exploration.

History of Antarctica – Stephen Martin

Published in 1996 by the State Library of New South Wales Press Macquarie Street, Sydney NSW 2000, Australia

Home of the Blizzard – Sir Douglas Mawson

First published in 1930, this very readable volume provides a detailed account of the Australasian Antarctic Expedition's endeavours.



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Shackleton's Boat Journey – F. A. Worsley

F.A. Worsley was the Captain of HMS *Endurance*, the ship used by Sir Ernest Shackleton in his 1914-16 expeditions to the Antarctic – This is his account of what happened.

Nimrod – Beau Riffenburgh

On New Year's Day 1908, this ship *Nimrod* set off for the mysterious regions of the Antarctic. The leader of the small expedition was Ernest Shackleton.

Field and Wildlife Guides

Antarctica, A Guide to the Wildlife – Tony Soper & Dafila Scott
It includes concise essays on each species, range maps and masterful colour drawings by Dafila.

Birds of Southern South America & Antarctica, Princeton Illustrated Checklists – Martin d. la Pena & Maurice Rumboll
Antarctica, including Patagonia, Chile, Argentina, Uruguay and more.

Lonely Planet Antarctica – Jeff Rubin

Good guidebook with information on planning for a trip and a concise background of Antarctic history.

Lonely Planet The Falkland & South Georgia Island – Tony Wheeler

This travel guide to the Falklands and South Georgia Island offers practical advice on getting there, special Antarctic wildlife coverage and extensive information on mountains, harbours and bays.

Complete Guide to Antarctic Wildlife – Hadoram Shirihai

Covering the Antarctic continent, the Southern Ocean and the subantarctic islands, this guide illustrates all of the region's breeding birds and marine mammals with colour photographs.

Antarctic Birds and Seals – A pocket guide – Sharon R. Chester

Library of Congress Catalogue Card Number:

93-94946 ISBN 0-9638511-2-8

Birds & Mammals of the Antarctic, Sub Antarctic & Falkland Islands – Frank Todd

A gorgeously illustrated, compact field guide, featuring excellent colour photographs of all the hard to identify seabirds and marine mammals of the Southern Ocean.

Guide to the Wildlife of the Falkland Islands and South Georgia – Ian Strange

This field guide illustrates and describes all the birds and marine mammals of the islands as well as many of the plants, invertebrates and fish.

Penguins of the World – Pauline Reilly

Covers the world's seventeen different penguin species – biology, distribution, navigation, locomotion, diet, vision, breeding etc.

Seabirds – An identification Guide –

Peter Harrison & Houghton Mifflin, Boston, 1983

A very comprehensive guidebook with excellent paintings of all species. Peter has voyaged to Antarctica many times and knows his Antarctic birds well.

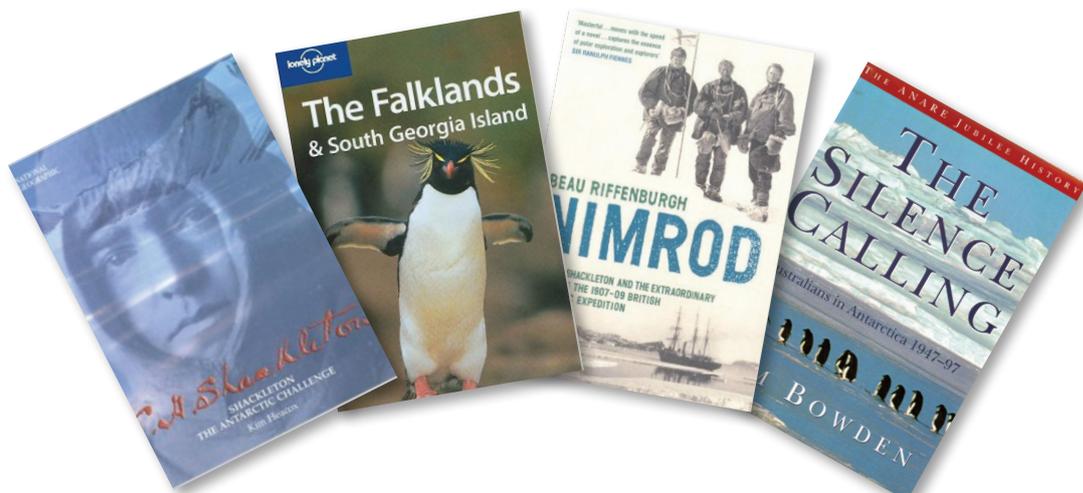
DK Handbook: Whales, Dolphins and Porpoises –

Dorling Kindersley

This handbook offers an updated guide to whales, dolphins and porpoises. The easy to use format is designed to make identification of the animals as simple and accurate as possible.

A Visitors Guide to South Georgia – Sally Poncet and Kim Crosbie

This unique book provides essential information on the history, vegetation and wildlife of 24 of South Georgia's most popular visitor sites. The authors have drawn on experts in many fields to pull together facts about South Georgia's discovery, past and present, as well as information on its rich wildlife. Each of the sites described has a detailed map showing key locations for wildlife, vegetation, historic artefacts and topographical features of interest, as well as hiking routes.



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Natural History

Silence Calling – Tim Bowden

This illustrated history traces the story of the Australian National Antarctic Research Expeditions ANARE from the first settlement on Heard Island in 1947 to 1999.

Antarctica: Beyond the Southern Ocean – Colin Monteath
Antarctica and the subantarctic islands in full colour.

Antarctica, An Encyclopaedia from Abbott Ice Shelf to Zooplankton – Mary Trewby

What fun. A team of contributing editors, all associated with the New Zealand Antarctic program.

Encyclopaedia of Antarctica and the Southern Oceans – Bernard Stonehouse

A roundup of the continent and surrounding ocean by the academic publisher Wiley.

The Crystal Desert – David Campbell

Antarctica, the land and its history and especially its marine life. Written with authority and love.

Travel Narrative

End of the Earth, Voyaging to Antarctica – Peter Matthiessen

A narrative on Antarctica, its abundant wildlife and the impact of global warming.

Terra Incognita, Travels in Antarctica – Sara Wheeler

A privileged anomaly on this continent of science.

Edge of the World: Ross Island, Antarctica – Charles Neider

A memorable account of adventures among the Americans at Ross Island and the South Pole.

Where the Earth Ends, A Journey Beyond Patagonia –

John Harrison

Often mixing it up with Chatwin's ghost, Harrison interweaves history, anecdote, personality and discovery.

The Unforgiving Minute – Tim Jarvis

One incredible journey to the edge of the world and to the centre of his soul. How do you lose 20kg in just 47 days? Strap on a 250kg sled and haul it 1600km across Antarctica.

Ice Bird – David Lewis

This classic book, first published in 1975, recounts one of the greatest small boat journeys of all time: David Lewis's solo attempt to circumnavigate Antarctica in 1972-74 on his yacht Ice Bird.

Berserk in the Antarctic – David Mercy

Three men in a boat – as never seen before... 'This is suicide!' Manuel screamed frantically. So begins David Mercy's amazing true story of his journey to Antarctica in a 27-foot sailing boat.

Mountains of Madness, A Scientist's Odyssey in Antarctica – John Long & Tim Bowden

As might be guessed from the lurid title taken from H.P. Lovecraft's gothic.

Science and Geography

The Two-Mile Time Machine: Ice Cores, Abrupt Climate Change, and Our Future – Richard Alley. An overview of how climate works, and his prognostication for the future.

A History of Antarctic Science – G.E. Fogg

Covering the early period, national expeditions, the politics of science, and current research.

Glaciers – Jurg Alean

Glaciers are among the most beautiful natural wonders on Earth, but for most of us the least known and understood. This book describes how glaciers grow and decay, how they move etc.

Meteorites, Ice, and Antarctica: A Personal Account –

William A. Cassidy

A warmly told, anecdotal account of Antarctic fieldwork and the importance of meteorites.

Science into Policy, Global Lessons from Antarctica –

Paul Arthur Berkman

Belonging to no single nation, this book aims to explain the complex policy issues in Antarctica.

